Almost half (43%) of the people living with lupus who responded to a recent World Lupus Federation (WLF) Twitter poll indicated that they worry the most about physical inactivity and social isolation due to the debilitating effects the autoimmune disease has on the body. Nearly half (47%) of the participants also felt that the impact lupus has on daily living is most misunderstood by their physician, while almost one-third (30%) believed that the emotional impact is most misunderstood.

Almost half (47%) of those who responded to poll indicated they want better management and treatment options available to them through their physician. Only one treatment developed specifically for lupus has received regulatory approval since the 1950’s.

These opinions are included in the “Lupus Knows No Boundaries e-Report,” developed through a collaboration between the WLF GlaxoSmithKline (GSK) and for World Lupus Day (May 10). The Twitter poll was conducted by 12 patient groups in nine countries, with a total of 2,048 votes cast during April 2017. Although a social media poll provides valuable insights, it is not statistically significant or demographically representative.